



MY  
SCHOOL  
BUCKS

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# JANUARY 2022

## Crandall ISD Head Start

Menu Subject to Change!  
All students for 21/22 will Receive Free  
Breakfast / Lunch  
Adults/Visitors \$1.75/\$4.15  
Milk Offered Daily!

Monday



3

Tuesday



4

Wednesday



5

Thursday



6

Friday



7

Salisbury Steak  
Mashed Potatoes/Gravy  
Green Beans  
Diced Peaches

10

Chicken Nuggets/ Tenders  
French Fries  
Corn  
Fruit Icee Cups

11

Beef Nachos  
Refried Beans  
Spanish rice  
Fresh Apple Slices

12

Pizza Variety  
Mixed Veggies  
Caesar Salad  
Diced Pineapples

13

Grilled Cheese  
Carrots/Ranch  
Diced Pears

14



17

PopCorn Chicken Bowl  
Breadstick  
Green Beans  
Fruit Icee Cups

18

Beef & Bean Burrito  
Carrots  
Cowboy Black Bean Salsa  
Bananas

19

Bosco Sticks  
Tomato Cucumber Salad  
Caesar Salad  
Fruit Cocktail

20

Steak Fingers  
Pretzel Bites  
Baked Beans  
Applesauce

21

Breakfast for Lunch  
Chicken and Waffles  
Hash Rounds  
Diced Pineapple

24

Hot Ham n Cheese  
Broccoli Cheese Sauce  
Carrot sticks/Ranch  
Mandarin Oranges

25

Grilled Cheese  
Refried Beans/Carrots  
Dessert Empanada

26

Pizza Variety  
Mixed Veggies  
Caesar Salad  
Diced Pears

27

Cheeseburgers  
French Fries/Corn on the Cob  
Fruit Icee Cups

28

Hot Dogs  
Scalloped Potatoes  
Green Beans  
Diced Pears

31

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